

Best to Get Professional Help

If you would like to make a gift to us in your Will, we recommend that you use a legal adviser with professional insurance such as a solicitor to draw one up for you. Many solicitors make only modest charges for this service and will make sure that all necessary legal formalities are followed.

If you do not have a solicitor, you can find one by visiting the Law Society's website at:

<http://www.lawsociety.org.uk/for-the-public/common-legal-issues/making-a-will/>

Your solicitor will need to know that M.E North East is a company limited by guarantee (Company registration number 8049170) and a Registered Charity (Charity Number 1147821). The registered office address is Bullion Hall, South Approach, Chester-le-Street, County Durham, DH2 2ES.



Leaving a Gift to ME North East in Your Will

Bullion Hall

South Approach

Chester-le-Street

County Durham

DH2 2ES

Tel: 0191 389 2222

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***[www.facebook.com/
menortheast](http://www.facebook.com/menortheast)***

***A legacy from you will help our
vital service to continue.***

Who We Are

ME North East is a registered charity based in Chester-le-Street, County Durham dedicated to improving the quality of life for people of all ages with Myalgic Encephalomyelitis (M.E) and Chronic Fatigue Syndrome (CFS). We cover the whole of the North East region.

The condition is characterised by severe disabling physical and mental fatigue, pain (muscular, rheumatic and neuropathic), headaches, sleep disturbance, swollen glands, sensory sensitivity and cognitive impairment.

For over 20 years, ME North East has provided advice via home visits and telephone support. We help young people remain in education and work closely with Local Authority Education departments and schools. We help adults remain in, or work towards employment. We assist adults who cannot work claim welfare benefits, helping them to complete the forms and accompany them at assessments and appeal tribunals.

We strive to educate as many people as possible about this misunderstood illness and provide training to key professionals across the region.

You can read more of what we do on our web site <https://www.menortheast.org> and on our Facebook page: www.facebook.com/menortheast

Why Your Gift Is So Important To Us

ME North East relies mainly on Grant Funding from Trusts; with donations from members, families, friends and supporters and fundraising events supporting our services.

But if we could attract more funds we could do so much more.

Making a gift in your Will is a very kind and generous way for you to say thank you to ME North East for the help given to you or to members of your family.

You can choose to leave:

- A gift of all or a percentage of what's left of your estate after all other payments have been made
- A gift of a sum of money of your choosing
- A building, stocks and shares or a gift of something else you own.

Your gift could make a huge difference to us and help ensure that ME North East is here to continue our work.

Why I Am Leaving a Gift to ME North East in my Will

Philip Burns, a Trustee and former Chairman of ME North East, explains why he has decided to make a gift to the Charity in his Will.



"I believe that ME North East performs essential work; it is a key source of support for many people with ME. This professional service requires expertise and lots of time. Such resources are expensive. Funds are very limited for this charity; we make no charge for our work because many people with ME face

financial pressure and public money is rarely available. A legacy from you will help this vital service to continue.

As a trustee and person with ME, this charity has been valuable to me personally. The support and companionship from people who understand ME is extremely helpful. But so is the role of working for the charity, which fights against this terrible disease. This has helped me find a sense of meaning in life after losing my career to ME. I am proud and happy that my legacy will help ME North East to continue supporting people with ME and hope you will join me."